10 Things to Say instead of Stop Crying





2. This is really hard for you

3. I'm here with you

4. Tell me about it

5. Thear you

6. That was really scary, sad, etc.

7. I will help you work it out

8. Im listening

? Thear that you need space.

I'll at the so you can find.

Ill stay close so you can find me when your'e ready.

10. It doesn't feel fair

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