



PHSE and RSE

Curriculum: Year A



Cherry Trees PSHE Curriculum

Sensory classes to cover some content from the Agreed Syllabus and EQUALS curriculum, linked to their thematic topics, as appropriate.

Class	Autumn 1	Autumn 2	Spring 1 PANTS Lesson linked in with Be Healthy Week	Spring 2	Summer 1 Sex Education lessons for year 6	Summer 2
<p>Red Jigsaw Jenie RSE Early Years</p>	<p><u>All about Me</u> Being Me in My World Self-identity</p> <p>Understanding feelings</p> <p>Being in a classroom</p> <p>So Safe 1 lesson a week</p>	<p><u>Autumn Explorers/ Winter Warmers</u> Being Me in My World Being gentle</p> <p>Rights and responsibilities</p> <p>So Safe 1 lesson a week</p>	<p><u>To Infinity and Beyond</u> Dreams and Goals Challenges</p> <p>Perseverance</p> <p>Goal-setting</p> <p>Overcoming obstacles</p> <p>So Safe 1 lesson a week</p>	<p><u>Knight Fever</u> Dreams and Goals Seeking help</p> <p>Jobs</p> <p>Achieving goals</p> <p>So Safe 1 lesson a week</p>	<p><u>Pirates</u> Relationships Family life</p> <p>Friendships</p> <p>Breaking friendships</p> <p>So Safe 1 lesson a week</p>	<p><u>Summer Holidays</u> Relationships Falling out</p> <p>Dealing with bullying</p> <p>Being a good friend</p> <p>So Safe 1 lesson a week</p>
<p>Green Jigsaw – Jack RSE 3-11Years</p>	<p><u>Frozen Planet</u> Being Me in My World Feeling special and safe</p> <p>Being part of a class</p> <p>Rights and responsibilities</p> <p>So Safe 1 lesson a week</p>	<p><u>Journeys</u> Being Me in My World Rewards and feeling proud</p> <p>Consequences</p> <p>Owning the Learning Charter</p> <p>So Safe 1 lesson a week</p>	<p><u>Meet the Artists</u> Dreams and Goals Setting goals</p> <p>Identifying successes and achievements</p> <p>Learning styles</p> <p>So Safe 1 lesson a week</p>	<p><u>Amazing Animals</u> Dreams and Goals Working well and celebrating achievement with a partner</p> <p>Tackling new challenges</p> <p>Identifying and overcoming obstacles</p> <p>Feelings of SUCCESS</p> <p>So Safe 1 lesson a week</p>	<p><u>Terrific Time Travellers</u> Relationships Belonging to a family</p> <p>Making friends/being a good friend</p> <p>Physical contact preferences</p> <p>People who help us</p> <p>So Safe 1 lesson a week</p>	<p><u>Colour, Shimmer & Shine</u> Relationships Qualities as a friend and person</p> <p>Self-acknowledgement</p> <p>Being a good friend to myself</p> <p>Celebrating special relationships</p> <p>So Safe 1 lesson a week</p>



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Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Purple Jigsaw Jo RSE 3-11Years</p>	<p><u>Roald Dahl</u> Being Me in My World</p> <p>Rights and responsibilities</p> <p>Rewards and consequences</p> <p>Safe and fair learning environment.</p> <p>So Safe 1 lesson a week</p>	<p><u>We are Britain</u> Being Me in My World</p> <p>Valuing contributions</p> <p>Choices</p> <p>Recognising feelings</p> <p>So Safe 1 lesson a week</p>	<p><u>Victorians (Local Study)</u> Dreams and Goals</p> <p>Achieving realistic goals</p> <p>Perseverance</p> <p>Learning strengths</p> <p>So Safe 1 lesson a week</p>	<p><u>Scientists and Inventors</u> Dreams and Goals</p> <p>Learning with others</p> <p>Group co-operation</p> <p>Contributing to and sharing success</p> <p>So Safe 1 lesson a week</p>	<p><u>Superheroes</u> Relationships</p> <p>Different types of family</p> <p>Physical contact boundaries</p> <p>Friendship and conflict</p> <p>So Safe 1 lesson a week</p>	<p><u>What do you see?</u> Relationships</p> <p>Secrets</p> <p>Trust and appreciation</p> <p>Expressing appreciation for special relationships</p> <p>So Safe 1 lesson a week</p>



PHSE and RSE

Curriculum: Year B



Cherry Trees PSHE Curriculum

Sensory classes to cover some content from the Agreed Syllabus and EQUALS curriculum, linked to their thematic topics, as appropriate.

Class	Autumn 1	Autumn 2	Spring 1 PANTS Lesson linked in with Be Healthy Week	Spring 2	Summer 1	Summer 2
Red Jigsaw Jenie	<u>Changes in Living Memory</u> Celebrating Difference Identifying talents Being special Families So Safe 1 lesson a week	<u>Beyond Living Memory</u> Celebrating Difference Where we live Making friends Standing up for yourself So Safe 1 lesson a week	<u>Carnival Animals</u> Healthy Me Exercising bodies Physical activity Healthy food So Safe 1 lesson a wee	<u>Weather Experts</u> Healthy Me Sleep Keeping clean Safety So Safe 1 lesson a week	<u>Local Area</u> Changing Me Bodies Respecting my body Growing up So Safe 1 lesson a week	<u>Oceans and Seas</u> Changing Me Growth and change Fun and fears Celebrations So Safe 1 lesson a week
Green Jigsaw Jack RSE 3-11Years	<u>Happy Healthy Me</u> Celebrating Difference Similarities and differences Understanding bullying and knowing how to deal with it So Safe 1 lesson a week	<u>Victorian Wonderland</u> Celebrating Difference Making new friends Celebrating the differences in everyone So Safe 1 lesson a week	<u>Let it Grow</u> Healthy Me Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe So Safe 1 lesson a week	<u>Chocoholics</u> Healthy Me Medicine safety/safety with household items Road safety Linking health and happiness So Safe 1 lesson a week	<u>The Great Outdoors</u> Changing Me Life cycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) So Safe 1 lesson a week	<u>The Big Top</u> Changing Me Linking growing and learning Coping with change Transition So Safe 1 lesson a week



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Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Purple Jigsaw Jo RSE 3-11Years</p>	<p><u>Egyptians</u></p> <p>Celebrating Difference Assumptions and stereotypes about gender</p> <p>Understanding bullying</p> <p>Standing up for self and others</p> <p>So Safe 1 lesson a week</p>	<p><u>World War 1 and 2</u></p> <p>Celebrating Difference</p> <p>Making new friends</p> <p>Gender diversity</p> <p>Celebrating difference and remaining friends</p> <p>So Safe 1 lesson a week</p>	<p><u>Famous for more than 5 minutes</u></p> <p>Healthy Me</p> <p>Motivation</p> <p>Healthier choices</p> <p>Relaxation</p> <p>So Safe 1 lesson a week</p>	<p><u>Geographical Skills</u></p> <p>Healthy Me Healthy eating and nutrition</p> <p>Healthier snacks and sharing food</p> <p>So Safe 1 lesson a week</p>	<p><u>Crime and punishment</u></p> <p>Changing Me Life cycles in nature</p> <p>Growing from young to old</p> <p>Increasing independence</p> <p>So Safe 1 lesson a week</p>	<p><u>Sports Tournaments</u></p> <p>Changing Me Differences in female and male bodies (correct terminology)</p> <p>Assertiveness</p> <p>Preparing for transition</p> <p>So Safe 1 lesson a week</p>

